RASPBERRY LEMON FROZEN YOGURT

Ingredients

- 1 cup plain greek yogurt (regular)
- 12 oz. frozen raspberries
- 1/3 cup fresh lemon juice
- 2 teaspoons fresh lemon zest
- 3 tablespoons honey

Instructions

1. To a blender add greek yogurt, raspberries, lemon juice, lemon zest, and honey.

2. Blend until smooth.

3. Serve immediately or for a more solid consistency place in an air tight container and put in freezer for 1-2 hours. Serve!

*This recipe has been adapted by the South Plains Food Bank SNAP-Ed Department.

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