WATERMELON LIME POPS

Yield: 6 popsicles

Ingredients

- 3 cups cubed watermelon flesh
- 1 tablespoon freshly squeezed lime juice
- 1 tablespoon honey

Instructions

1. Blend the watermelon, lime juice, and honey in a food processor.
2. Pour the mixture through a fine sieve into a bowl, pressing the fibrous melon with the back of a spoon to extract the maximum amount of juice.
3. Pour or spoon the juice into popsicle molds and freeze until solid.

*This recipe has been adapted by the South Plains Food Bank SNAP-Ed Department.

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